



## Jan-Olof Strandberg

The Strandberg Project bassist explores identity and passion through low frequencies

aybe you could call my bass style progressive, because that word includes everything—funk, jazz, and rock included. I love the bass guitar and study it every day. Identity is very important whatever you play: your stamp

important whatever you play: your stamp is your sound and the way you approach the instrument. Bass is almost like a religion, to me.

I mainly play Mayones Jabba four-string fretted and fretless basses. My son, Jan 'Jysky' Strandberg, introduced me to these great instruments many years ago. They work great for both studio and live work—what more can you ask for? I did a tour and a recording with my favorite bass player, Armand Sabal-Lecco, in 2014, released

as Live In Finland the following year, and everything I play on the recording is played with Mayones basses. For amps, I've been using an Aguilar head and cabs: they sound as big as a house and they're fast too, with a real full-range sound. It's like having a small PA system for bass—and it doesn't hurt that they're very lightweight and portable.

Sound is everything. The better sound you have, the less work it is for producers and engineers to fix it. It's very important that you choose the instruments you bring to a session or live gig wisely.

Make sure the instrument works and has the sound needed for the task you're doing. Playing bass is mostly about listening and supporting other people. It's teamwork, rather like with drummers; play with good time and the right feel.

Play together, then it grooves.

I love bass players, and I try to check everyone out. From the early days it was Paul McCartney, Greg Lake, Jack Bruce, Steve Swallow, Jaco Pastorius, Louis Johnson, Anthony Jackson, Jimmy Johnson, Marcus Miller and many others. Today there are even more—Armand Sabal-Lecco, Richard Bona, Linley Marthe, Hadrien Feraud and, of course, Michael Manring, Dominique Di Piazza and Steve Lawson.

Stanley Clarke has most likely had the longest active and creative career of all bass players—he has been at the top since he started in the early 70s, always doing his own thing and being an innovator in bass guitar. The way he plays upright bass is unique as well. 

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